SATTVIC BOOKS
WISDOM UNFOLDING

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Wisdom Unfolding — Literature for Mindful, Conscious Living

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1. BRAND OVERVIEW & PUBLISHING MISSION

Sattvic Books is a dedicated publishing house committed to creating conscious literature that nourishes the intellect, expands spiritual awareness, and grounds daily life in timeless principles. Inspired by India's profound philosophical heritage, our publications present ancient Vedic wisdom, wellness practices, and mindful living in clear, accessible, and beautifully produced editions for contemporary global readers.

2. CORE PHILOSOPHICAL TENETS

Satya (Truth):	Authentic translation and faithful preservation of traditional wisdom and spiritual teachings.
Dharma (Righteous Living):	Ethical literature that promotes mindful conduct, compassion, and inner integrity.
Seva (Selfless Service):	Publishing to uplift communities, support schools, and cultivate conscious reading circles.
Abhyasa (Dedicated Practice):	Practical spiritual disciplines, daily rituals, mantras, and wholesome recipes for everyday life.

3. FEATURED PUBLICATIONS & CORE RELEASES

- **Sri Lakshmi Chaturvimsati Namavali:** Sacred Sanskrit 24 Names of Goddess Lakshmi with meaning & chanting guides.
- **Meghadootam by Kalidasa:** Classic poetic Sanskrit masterpiece translated into accessible prose and verse.
- **Navadurga: Sacred Coloring Journey:** Devotional, meditative coloring and contemplation book celebrating the Divine Mother.
- **High-Protein Sattvic Recipes:** Wholesome, plant-based, prana-rich Ayurvedic culinary guide for modern vitality.

4. LEADERSHIP & FOUNDER

Founded by Dr. Rani Iyer, author, researcher, and conscious lifestyle practitioner.
Under her leadership, Sattvic Books bridges classical scholarship with experiential wellness, inspiring thousands of families to embrace mindful living and spiritual grounding.

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